

Synopsis

Complete, labeled illustrations of acupressure points in the human body. From pre-teen to pre-med, this chart is loaded with beautifully illustrated diagrams, clearly and concisely labeled for easy identification. Illustrations by award-winning medical illustrator Vince Perez.

Book Information

Series: Quickstudy: Academic

Pamphlet: 6 pages

Publisher: QuickStudy; 1 Chrt edition (January 7, 2005)

Language: English

ISBN-10: 1572228393

ISBN-13: 978-1572228399

Product Dimensions: 8.5 x 11 x 0.1 inches

Shipping Weight: 3.5 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (225 customer reviews)

Best Sellers Rank: #6,564 in Books (See Top 100 in Books) #4 in [Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure](#) #15 in [Books > Medical Books > Basic Sciences > Anatomy](#) #43 in [Books > Deals in Books](#)

Customer Reviews

This chart would be very useful if it wasn't so full of mistakes. UB-40 is on the Back-Shu line instead of the Popliteal crease. St-17 is on the chest, but not in the center of the nipple (where it should be), Ren-8 is too low, as is HT-1. I could go on, but I'm sure you get the idea. There are great charts out there, this just isn't one of them. Permacharts, for example, makes a nice 8.5x11" chart.

The chart is very nice, big and clear images, fits in a folder, easy to carry. But it is not very accurate. I've noticed the ST meridian, it is labeled 3.5 Cun from the mid-line, then goes down and merge to 3 Cun, but according to all references I have read, it is 4, and merge to 2. If you are a acupuncture student, it is a good starter reference, but keep in mind, do not rely on this chart entirely. Overall, it is a good product.

I am new to acupuncture and have been looking for a nice quick-reference guide. This one certainly fits the bill. It is made to go in a three-ring binder, and has every accupoint you will probably ever need labled. It has some really nice "zoomed in" views of certain parts of the body (ie ears, eyes,

etc) that have many accupoints close together, so that you can see them more clearly. I'm very happy with this reference guide. It was worth the money!

As at least one other reviewer has described, there are multiple significant mistakes here that could really harm the acupuncture student looking for a quick study reference. It's probably fine if you're looking for fun or want a martial arts reference, but **DO NOT USE THIS FOR STUDY**.

It is outdated chart full of mistakes. If you are an amateur it's probably ok, but if you want more seriously study TCM, it's not for you. I can't understand that old type of acupuncture chart is still on sale.

This is a great overview chart of the primary channels of acupuncture. Folds out nicely for easy reading. Folds up nicely with hole punches to put it into a 3 ring binder. Great product.

This chart has many, many, points that are misplaced. Stomach 25 through 20 are all misplaced by one to one half cun (finger) measurement each. Some of the other points are more subtly off. On the back Bladder points, be sure to understand that the outer points are from the acupuncture system, not the acupressure system, and so are different, but not technically incorrect. There are no Extra Points at all. I have had to do a lot of corrections and additions with a fine point permanent marker, which has worked. Rather surprising that they did not take the time to use an accurate reference. I hope the publisher reads this and makes the corrections. If you were using this to study for an exam, you would be VERY disappointed in your test results. A couple weeks later... After trying to use this chart with my own corrections, which have increased in number since I wrote the first review, I can see that it is pretty impossible. I want to make it clear - it is a VERY INACCURATE reference and the publisher should pull this off the shelves, and get a professional to fix it for them. The word "Acupressure" includes the prefix "acu" which implies accuracy. This is an inaccurate piece of garbage, that would mislead the complete novice, confuse the person who is in the learning process, and be of no use to the professional. Unless you want to use it as a novel plastic liner mat under your cat's water bowl.

I purchased this chart because the book I purchased first has less than clear views of the pressure points. The book has very good explanations and with the use of this chart it makes it all work great.

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